

# WSQ Adapt For Success At The Workplace



course duration 16 Hrs



mode of training



FUNDING VALIDITY Till 30 Sep 2025

COURSE REFERENCE NO.

TGS-2021008643

This course targeted at all sectors and at employees in the Operations arena conducting daily implementation and services of the Company. With automation and digitalization driving changes in an exponential manner and an environment heightened by the pandemic, tremendous changes have and are taking place in the way we live, work and conduct business, learn and collaborate with others. Organizations and individuals who are able to adapt to the "new normal", transform and pivot themselves into new business models will survive and even thrive. Those who fail to do so will eventually face loss of employment and for organizations, face discontinuity and extinction.

Adapt for success at the Workplace, without doubt, is an essential skill for our workforce and their organizations. However, for many people, change is uncomfortable. The hardest part of change, according to psychologists, is not embracing the new innovation; it is giving up the old. Studies have found that organizational changes such as restructuring or new leadership can lead to employees being overly stressed and have less trust in their employers. The inability to adapt well to the changes around give rise to increased anxiety, poor productivity and disrupted performances. Even more severe stress can result from losing a job or having to change jobs, negatively impacting

### Who Is This Course For

Working adults from all sectors who are involve in the daily operations of the company. This course is designed for those who have completed lower secondary education, able to speak and write English at WPL Level 3 & above. No working experience is required, and new joiners are welcome.

full fee **\$420** 

(Subject to 9% GST)

NETT FEE AFTER FUNDING

\$163.80

SME <u>OR</u> Singaporean age 40 and above (Subject to 9% GST) <u>70% Course Fee Funded</u>

# \$247.80

Non-SME <u>OR</u> Singaporean age 21 to 39 OR Singapore

PR (Subject to 9% GST) 50% Course Fee Funded

Subsidies Available Individual

SkillsFuture Credit PSEA



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### **Course Objectives**

By the end of this course, learners will be able to:

- Access available sources of information to identify the local and global trends and sources of change and interpret the information to establish the impact on one's job role and employability
- Establish requirements for change and stages of change to sustain current and future employability in the new and emerging economy
- Develop an action plan to facilitate learning of knowledge and skills to enhance productivity and effectiveness in a diverse workplace
- Apply strategies of coaching to motivate and encourage learning of new skills and overcome resistance to change

## **Course Content**

#### Learning Unit 1: Global Trends and Patterns

- · Identify global trends in the marketplace
- · Identify recurring patterns in problems faced at work
- Impact of new requirements on your work

#### Learning Unit 2: Identify new expectations and demands

- What is your current KSA in your job
- What are the gaps in your new job
- How will these gaps be filled through your L&D plan

#### Learning Unit 3: Making adjustments to new demands

- · Determine the training and development needs
- Acquire these KSA for to meet new demands

#### Learning Unit 4: Promote a Life-long learning attitude

- Ways to overcome inertia
- Responses to Change
- Action plan to close the loop

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